

Cooking Demonstration: Seasonal Soups

Event Date:

Thu, Feb 23, 2017

Adrienne Cook, Gardening and Cooking Writer, and Danielle Cook, MS, Nutritionist and Cooking Instructor

Nothing warms winter spirits and stomachs like hot soup. The Cook Sisters will bring you two new recipes for soups filled with seasonal ingredients that can be served to start a meal or take center stage as a main course. Get ready to fill up and feel better. Please note: The 12:50 p.m. program is a repeat of the 12 p.m. program.

DATE: Thursday, February 23

TIME: 12 p.m. to 12:45 p.m.

LOCATION: Conservatory Garden Court

FREE: No pre-registration required



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